



ARE LIVE: STUDY STRATEGIES  
FOR PASSING THE ARE  
HANDOUT

# YOUR BRAINS OPERATIONS MANUAL

*Chapter 1: Manage Your Motivation*

*Chapter 2: Manage Your Learning*

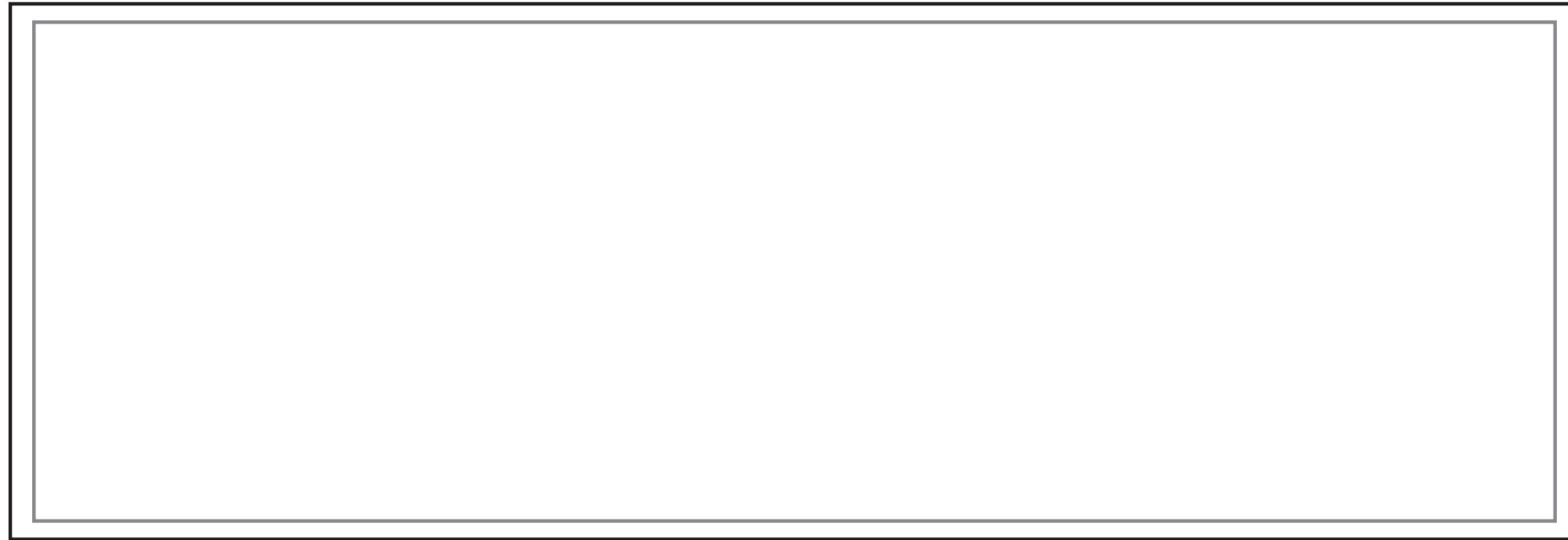
*Chapter 3: Master Content*

NOTES:



# CHAPTER 1: MANAGE YOUR MOTIVATION

➤ *Your ability to think and learn is limited when you feel:*

A large, empty rectangular box with a thin black border, intended for handwritten notes or a list of factors that limit thinking and learning.

➤ *How to open your mind to learning:*

A large, empty rectangular box with a thin black border, intended for handwritten notes or a list of strategies to open the mind to learning.

➤ *Tips for managing your motivation:*

A large, empty rectangular box with a thin black border, intended for handwritten notes or a list of tips for managing motivation.

## CHAPTER 2: MANAGE YOUR LEARNING

➤ *Time at your study “gym”:*



➤ *Tips for managing your learning:*



# CHAPTER 3: MASTER CONTENT

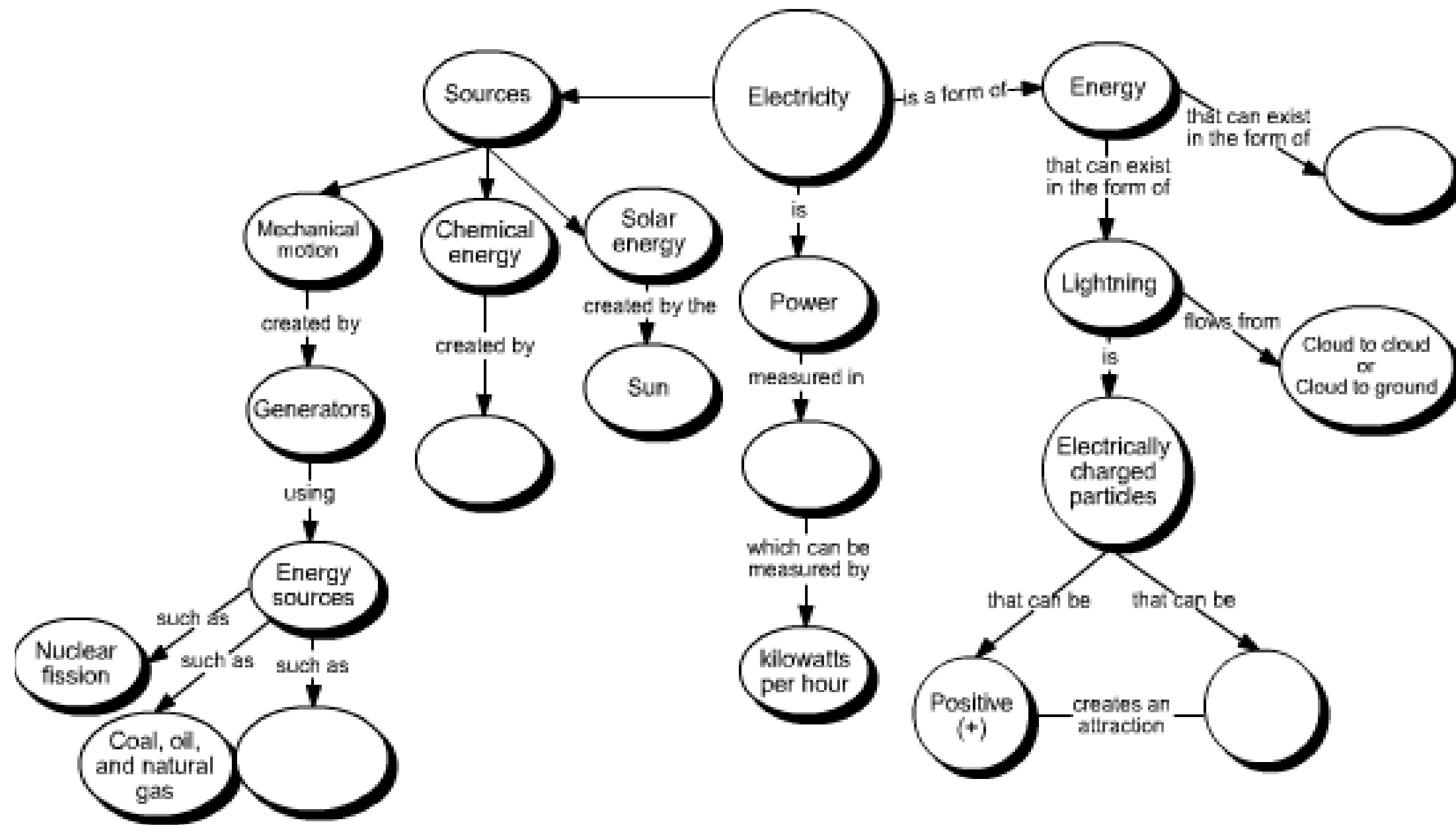
➤ *The ARE: Strategies for Understand/Apply:*



➤ *The ARE: Strategies for Analyze/Evaluate:*



# SAMPLE CONCEPT MAP



NOTES:

# PREPARE

➤ *Prepare for performance:*



➤ *Additional notes:*

